

# Checklist: 20 Secrets of Positive Parenting

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1. Lead by example
2. Provide reasoning
3. Act together
4. Don't publicize financial difficulties
5. Don't use fear
6. Don't impose your values
7. Give more independence
8. Notice progress and praise it
9. Avoid comparisons
10. Provide continuous attention and love
11. Maintain consistent expectations
12. Communicate more
13. Say "I love you" more often
14. Avoid shouting
15. Criticize constructively
16. Praise in moderation
17. Show genuine interest
18. Communicate as equals
19. Help when asked
20. Work on yourself

